

# Wu Yun Liu Qi : 5 Energies & 6 Qi

## Overview of an approach to treatment and a general teaching format

- ❖ A Cosmologic View  
The Philosophy of 5 Movements & Six Qi
- approaches through Taoism & Astro-physics;  
or Wu Yun Liu Qi

These enable one to:

- Calculate the general & specific nature of the weather annually and seasonally
- Understand the effect of these upon the general health and specifically to individual constitutional maps
- According to individual Constitutions, have insight during which years, months or seasons particular patients might become sick, worsen in condition or die.  
This will direct the approach to treatment and also lead the pathway to preventative treatment
- Understand which diseases or disease processes can begin or worsen during each of those time periods
- Know the real nature of an External Pathogen and so direct to correct diagnosis and treatment

### ❖ Constitutional & Personalised Treatment

- Understanding the nature of each of the 10 Stems, 12 Branches and 6 Divisions
- Knowing the different theories and rules which apply to each of those realms  
Obviously, this is the theory of 5 Elements expressed, respectively, at the levels of HEM
- Understanding how patterns of pathology are formed at each level  
This leads into knowing more directly the origins, cause and nature of symptoms; so more effective treatments  
It is this accuracy in diagnosis which allows for the usage of a minimal of needles (usually 3)
- Differentiating the patterns of pathology from the patterns of the Constitution  
This is based upon the `axis of imbalance` developing into the `triangle of blockage` for each
- Application of the rules of each level into treatment approaches and strategies  
Treatment according to Cycles of 7/8 Year, 10 Years, 12 Years → different approaches for age/stage in life  
Understanding the pathways to sickness, ageing and dying early from blocked Qi
- Forming of the Physical Constitution according to the principles of Stem and Division
- Diagnosis of the Physical Constitution as a basis for Treatment,  
understanding normal development, plus patterns of Excess and Deficiency
- Dynamics of treatment  
2 Meridians + 3 Needles, to rebalance the flow of 5 Element Qi  
Relevance of approaches with 1 or 2 needles  
Usage of more needles with Psychological Pathology
- Understanding the Pulses  
in Health as Individual Constitutional Pulses, differentiated according to St, Br & Div  
in Pathology according to expected tendencies for each.  
General influence of Annual and Seasonal Energies  
Specific influence of Annual & Seasonal upon individual constitutional/pulse maps  
Differentiation of Death Pulses according to Stem / Constitutional Qi
- Usage of other Modalities according to Constitutional Qi  
Patent Remedy Formulas as Constitutional Treatment for Stem & Inner Climatic Terrain  
Essential Oils for Constitutional & Emotional based Pathologies related to Branches

## ❖ Psychological Interpretation

- Interpreting the nature of each of the 10 Stems, 12 Branches & 6 Divisions into a Psycho-dynamic world and their representation, respectively, as Psycho-spiritual, Socio-emotional and Emotio-somatic relationships
- Development of the different aspects of the Human Psyche according to the Ba Mai, Wu Shen & Jing Luo Mai: Conception, Pregnancy, Perinatal; Consciousness → Cognition & Perception; Emotional & Mental phases; Pre-personal & Personal Developments, Gross Emotions & Cognitive Emotionality
- Understanding the different principles relevant to a Psycho-dynamic approach according to function, pathogenesis and pathology; and applying these into the worlds and rules of Stem, Branch and Division
- **Diagnosis & Prognosis**  
5 Element Framework at the levels of HEM  
Energetics of Pathology of each Element according to Stem & Branch  
Psycho-pathology according to Divisions & Meridian Types
- **The Pulses interpreted within the Psycho-dynamic world**  
The Constitutional Pulses of psychological aspects of Stem, Branch & Division  
Pulses of the psychopathology of Stem, Branch & Division
- **Dynamics of Treatment**  
How to influence Character, Personality, Emotional States & Body-based well-being  
Treatment of Psychopathological disease as understood from St, Br and Div.

Brief overview of Psychological Pathology from a Depth-based Psycho-dynamic view plus Pulse Indication for each of these.

## ❖ Ba Zi or 8 Characters

- Explanation of the Ba Zi
- Relevance of the Ba Zi in Diagnosis, Treatment & Prognosis
- Ba Zi within a Psycho-dynamic framework  
4 Realms related to 4 Aspects of Development & Behaviour  
As a Psycho-therapeutic tool within Personal Relationships
- **Other Treatment Modalities**  
Gemstone Infusion Elixir as Constitutional Treatment for pathologies understood through Ba Zi

## ❖ Background Philosophies

- Fu Xi & King Wen Ba Gua Arrangements
- Ho Tu: Yellow River Map  
Lo Shu: Luo River Diagram
- **Forbidden Meridians according to:**  
Seasonal Qi in Leg Meridians  
Daily Cycles of Qi in Arm Meridians
- **Macrocosmic & Microcosmic Cycles**  
Treatment Principles  
Point Application